

*Eithna's By The Sea,
The Harbour,
Mullaghmore,
Co. Sligo.
Ireland.*

Day Time Menu

Home made Fresh Vegetable and herb Soup with Eithna's Brown Scone 5.50

Creamy Mullaghmore Chowder, with chunks of seafood, and mussels 8.75

Open Sandwiches all served on Eithna's Brown Scone and with tossed organic salad leaves from Tattie Hoaker Farm, Cliffoney

Sliced roasted free range Irish chicken with Eithna's red onion marmalade, organic herb and pesto 9.75

Seafood selection of Pollack, Smoked Haddock and Salmon, mixed with mayonnaise, lemon Juice, fresh herbs and scallions 9.75

Slices of Donegal Smoked Salmon on Eithna's Brown bread with capers, lemon, and pesto 9.75

Eithna's Lentil Dhal served warmed with organic herb pesto, sundried tomato and brown scone 9.75

Five Mile Town Goats Cheese with red onion marmalade, sundried tomato and organic herb pesto 9.75

Local Cliffoney Burns Butchers 6oz Minute Steak, served on Garlic Ciabatta Bread, with red onion marmalade, mayonnaise, and fries. 14.75

Add a cup of our homemade soup or chowder to any of the above sandwiches 2.75

All sandwiches are available on Ciabatta bread for an additional 2.00

Seafood

Donegal Bay Fish and Chips served with organic salad, our tartare sauce and chips 16.95

Donegal I Mussels cooked with cream and wine

Large 18.50

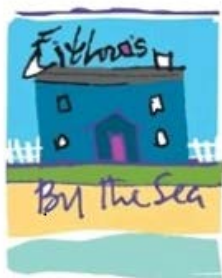
Small 14.50

Donegal Bay Shellfish Platter, #1, half Lobster and Cracked Mullaghmore Crab Claws in the shell, served with garlic butter and homemade bread 35.00

Donegal Bay Shellfish Platter, #2, half Lobster and Cracked Mullaghmore Crab Claws in the shell Mussels in a cream and wine sauce, served with garlic butter and homemade bread 45.00

Add chips @3.00 per portion

Add and organic salad bowl @3.75



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Menu for children

Pasta with Eithnas homemade Tomato Sauce, with parmesan or cheddar cheese	6.50
Penne Pasta with Chicken and tomato sauce with parmesan or cheddar cheese	10.50
Mullaghmore Fish and chips	8.50
Chicken Nuggets and chips	5.75
Mussels and chips	14.50

If you would like smaller portions or if we can help to accommodate in any way your child's eating options, please ask your server.

Teas Coffees and Desserts

All Desserts are homemade by Eithna, freshly baked each day.

Fruit Scones, freshly baked daily and served with our homemade jam	2.50
Chocolate and Nori (seaweed) Meringue Swirl served with fruit compote and cream	4.75
Eithnas Apple Tart, with a hint of cinnamon and cream	4.75
Lemon Flavoured Raspberry sponge topped with homemade Lemon Curd and Coconut	4.75
Chocolate and walnut Brownie	4.75
Chocolate Pear and Almond Tart with a pastry base	4.75

Coffee

Americano	2.50
Latte	2.70
Double Espresso	2.70
Cappuccino	2.70
Mocha	2.70
Hot Chocolate	2.70

Teas

Herbal tea	1.80
Tea	1.70

Minerals

Coke	2.00
Diet Coke	2.00
Club Orange	2.00
7up	2.00
Still Water	2.00
Sparkling Water	2.00
Apple Juice	2.00
Orange Juice	2.00